

# Menus for May 2024



## BIRCH GROVE PRIMARY SCHOOL

This institution is an equal opportunity provider. Menus are subject to change.

## MEAL PRICES

**BREAKFAST - FREE  
FOR ALL STUDENTS**

**LUNCH - \$3.15**  
Free for all students  
eligible for free OR  
reduced priced meals

## Available Daily

**All Lunches include:**  
**Rainbow Fruit Tray**  
**Rainbow Vegetable Tray,**  
**Ice Cold Flavored**  
**or White Milk**  
**Students must choose a fruit**  
**or vegetable to make a**  
**complete meal**  
**Ala Carte Milk is .75**

## Brain Ticklers



When is 4  
half of 5?

(Hold the page upside  
down and read it in a  
mirror for the answer!)

for the answer to this  
puzzle which is the  
same as the one  
in the "I" row  
word "I" is

Wednesday, May 1

Chicken Tenders  
with a grain side

Cheese Pizza

Yogurt & Muffin Plate  
with String Cheese

Thursday, May 2

Mozzarella Sticks with  
marinara dipping sauce

Cheese Pizza

Yogurt & Muffin Plate  
with String Cheese

Friday, May 3

French Toast with  
Chicken Sausage

Cheese Pizza

Yogurt & Muffin Plate  
with String Cheese

## SCHOOL LUNCH HERO DAY

**Celebrate School Lunch  
Hero Day May 3rd**

Students – please thank your  
servers for all the hard work  
they do every day, providing  
healthy and delicious meals for  
our schools.

Check out the Lunch Lady Hero  
book series at Tolland Library.

Monday, May 6

Hot Dog on a soft bun

Macaroni & Cheese

Yogurt & Cereal Plate with  
String Cheese

Tuesday, May 7

Chicken Patty on a soft bun

Macaroni & Cheese

Yogurt & Cereal Plate with  
String Cheese

Wednesday, May 8

Cheese Pizza

Macaroni & Cheese

Yogurt & Cereal Plate with  
String Cheese

Thursday, May 9

Popcorn Chicken  
with a grain side

Macaroni & Cheese

Yogurt & Cereal Plate with  
String Cheese

Friday, May 10

Cheese-filled Twisted  
Breadstick with sauce

Macaroni & Cheese

Yogurt & Cereal Plate with  
String Cheese

Monday, May 13

Chicken Drumstick with a grain side  
Grilled Cheese Sandwich  
Yogurt & Bagel Plate with String Cheese

Tuesday, May 14

Cheese Pizza  
Grilled Cheese Sandwich  
Yogurt & Bagel Plate with String Cheese

Wednesday, May 15

**EARLY RELEASE**

Grilled Cheese Sandwich  
Yogurt & Bagel Plate with String Cheese

Thursday, May 16

Asian Chicken with Rice  
Grilled Cheese Sandwich  
Yogurt & Bagel Plate with String Cheese

Friday, May 17

Wild Mike's Pizza Bites with sauce  
Grilled Cheese Sandwich  
Yogurt & Bagel Plate with String Cheese

Monday, May 20

Mini Corn Dog Nuggets  
Chicken Patty on a soft bun  
Yogurt & Muffin Plate with String Cheese

Tuesday, May 21

Pasta with Meatballs  
Chicken Patty on a soft bun  
Yogurt & Muffin Plate with String Cheese

Wednesday, May 22

Fish Sticks with a grain side  
Chicken Patty on a soft bun  
Yogurt & Muffin Plate with String Cheese

Thursday, May 23

Mozzarella Sticks with marinara dipping sauce  
Chicken Patty on a soft bun  
Yogurt & Muffin Plate with String Cheese

Friday, May 24

French Toast with Chicken Sausage  
Chicken Patty on a soft bun  
Yogurt & Muffin Plate with String Cheese

Monday, May 27



Tuesday, May 28

Dutch Waffle  
Cheeseburger on a soft bun  
Yogurt & Cereal Plate with String Cheese

Wednesday, May 29

Mini Ravioli with a grain side  
Cheeseburger on a soft bun  
Yogurt & Cereal Plate with String Cheese

Thursday, May 30

Popcorn Chicken with a grain side  
Cheeseburger on a soft bun  
Yogurt & Cereal Plate with String Cheese

Friday, May 31

Cheese Filled Twisted Breadstick  
Cheeseburger on a soft bun  
Yogurt & Cereal Plate with String Cheese

# Breakfast Available

8:40-9:00

**FREE FOR ALL STUDENTS**

Students must select at least three out of four food items offered including one fruit or fruit juice.

## TYPICAL CHOICES LISTED BELOW

Milk ~ Choice of one serving of either low fat white, or nonfat flavored milk.

Fruit ~ May take one fruit juice and one fruit or two fruits but must select at least one or the other. Choices include 100% fruit juice, fresh, cupped, or dried fruit.

Bread/Grains ~ Whole grain bagel, assorted whole grain cereal, cereal bars, whole grain muffins and breads, breakfast buns, waffles, pancakes or French toast when available.

Protein Choices ~ Eggs, cheese sticks, yogurt, sunflower seeds, breakfast pizza.