

April 2024
Tolland High School



This institution is an equal opportunity provider. Menus are subject to change.



MEAL PRICES

BREAKFAST - FREE FOR ALL STUDENTS

Served from 6:45-7:15

**LUNCH - \$3.50
DELI LUNCH-\$4.00**

Free for all students eligible for free OR reduced priced meals

Available Daily

Assorted Grab & Go Meals
Fresh Chicken Salad
Breaded Chicken Wraps
Yogurt Parfait Meals

Build Your Own Salad at the deli on Monday, Thursday, or Friday

All Lunches Include:
Rainbow Fruit Tray
Rainbow Vegetable Tray
Students must select at least one fruit or vegetable to make a complete meal

Ice Cold Flavored or 1% White Milk

Ala carte milk is \$.75

Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
Chicken Patty with Cheese, Lettuce, Tomato & Side of Buffalo Ranch	Spicy Chicken Patty	Steak & Cheese Panini with Potato Gems	Pasta & Meat Sauce, Roll & Parmesan Cheese	Meatball Grinder with side of Cheese
Hot Queso, Salsa & Tortilla Chips	Wild Mike's Bites with Side of Sauce	Popcorn Chicken with Grain Side	Chicken Nuggets with Soft Pretzel	Twisted Breadsticks with Sauce
Buffalo Chicken or Cheese Pizza	Deluxe Chicken Sandwich	Max Sticks with Sauce	Pepperoni or Cheese Pizza	Bacon or Cheese Pizza

April 8th-12th
SPRING BREAK!



Breakfast Menu

Served 6:45-7:15

FREE FOR ALL STUDENTS

Students must select at least three out of four food items offered, including one fruit or fruit juice:

TYPICAL CHOICES LISTED BELOW

Milk ~ Choice of one serving of either low fat white, or nonfat flavored milk.

Fruit ~ May take one fruit juice and one fruit or two fruits but must select at least one or the other. Choices include 100% fruit juice, fresh, cupped, or dried fruit.

Bread/Grains ~ Whole grain bagel, assorted whole grain cereal, cereal bars, whole grain muffins and breads, breakfast buns, waffles, pancakes, or French toast when available.

Protein Choices ~ Eggs, cheese sticks, yogurt, sunflower seeds, breakfast pizza.

Adult Price \$2.75

Monday, April 15

Chicken Patty with Cheese

Cheese Calzone

Buffalo Chicken or Cheese Pizza

Tuesday, April 16

Chicken Tenders with a Grain Side

Wild Mike's Bites with Side of Sauce

Deluxe Chicken Sandwich

Wednesday, April 17

Cheeseburger with Special Sauce & Potato Wedges

Corn Dogs with Dipping Sauce

Max Sticks with Sauce

Thursday, April 18

Pasta & Meat Sauce, Roll & Parmesan Cheese

Popcorn Chicken with Grain Side

Pepperoni or Cheese Pizza

Friday, April 19

General Tso's Chicken with Rice

Twisted Breadsticks with Sauce

Bacon or Cheese Pizza

Monday, April 22

Chicken Patty with Cheese, Lettuce, Tomato & Side of Buffalo Ranch

Hot Queso, Salsa & Tortilla Chips

Buffalo Chicken or Cheese Pizza

Tuesday, April 23

Spicy Chicken Patty

Wild Mike's Bites with Side of Sauce

Deluxe Chicken Sandwich

Wednesday, April 24

EARLY RELEASE

Egg, Sausage & Cheese Bagel with Hash Browns

Sausage Breakfast Pizza with Hash Browns

Yogurt Parfait

Thursday, April 25

Pasta & Meatballs, Roll & Parmesan Cheese

Chicken Nuggets with Soft Pretzel

Pepperoni or Cheese Pizza

Friday, April 26

Ramen Noodle Bowl with Cherry Sweet & Sour Sauce & Fortune Cookie

Twisted Breadsticks with sauce

Bacon or Cheese Pizza

Monday, April 29

Chicken Patty with Cheese, Lettuce, Tomato & Side of Buffalo Ranch

Hot Queso, Salsa & Tortilla Chips

Buffalo Chicken or Cheese Pizza

Tuesday, April 30

Chicken Tenders with a Grain Side

Wild Mike's Bites with Side of Sauce

Deluxe Chicken Sandwich